



NORTHUMBERLAND SCHOOLS' AA - RISK ASSESSMENT FORM

Activity/ Event: NSAA Track & Field Events

Event Date(s): 14 JUNE 2025

Organiser: Paul Ponton

Reviewed: MAY 2025

Venue & Address: Wentworth Track, Hexham. NE46 3RU

(Stadium Manager/Ground Staff to check all facilities)

Identify the Hazard List significant hazards which may result in serious harm	Assess the Risk – before control measures. List who may be harmed and how seriously	Control measures. To UKA approved code of practice – the safe conduct of track and field athletics meetings.	Risk rating following control measures	List Further Action List proposed action and the person responsible for it
Weather: Wet weather on track and run up areas on all jumps and throws. Landing areas. Hot weather.	Athletes and Officials. Moderate risk for athletes. Sunburn and dehydration. Moderate risk for athletes and officials.	Clerk of course, track and field referees to decide on safety measures: considerations – use of suitable footwear on wet surfaces can the event be run in a safe manner. Sun: cream/hats/drink.	Acceptable to moderate: not allowing athletes to compete if footwear is unsuitable.	Calling event off until conditions improve.
Other athletes and officials.	Injuries caused by collision in races, particularly at the start and finish but possible during races – spikes/tripping, stumbling. Collision with officials Low but possible	Track referee to judge the numbers in races where individual lanes are not used – starts in 800/1500m. Close supervision of all starts. Care with position of all officials.	Low but improved by care with detailed instruction to all athletes and officials.	Seek extra track officials if fields are larger than normal.
Footwear	Athletes See above re wet weather.	Decision of officials re safety.	Low – acceptable.	Officials decision re barring an athlete from competing in poor conditions
Jewellery / objects	Athletes	Lead official check		
Grass bank / athlete area	Athletes: Low but possible.	Teachers / TMs – informed of required standards of behaviour in athlete area	Low – acceptable.	Regular announcements by clerk of course through announcers

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Reporting to Events Placed at risk by competing athletes or equipment.	Athletes / Officials. Moderate.	Set directions with regard to reporting to track and field events. Announced regularly: always outside of track and throwing areas.	Low - acceptable	Close observation by officials. Escort younger athletes to site – by teachers i/c.
Track Events: Competing. Track condition / kerbing. See above weather conditions and footwear.	Athletes / officials on track surface. Low to moderate. Collision in longer races – tripping in all races.	Strict rules with regard to race numbers in middle distance races. Warnings/advice re crowding at start /running lines.	Improved – low / acceptable.	Check of track/kerbing – throwing events where athletes cross the track. Extra officials in situ.
Field – Jumping (Long Triple) Run up, take off boards and pit.	Athletes / Officials. Moderate. Tripping on boards, landing in pit, not falling onto hard surrounds.	Assess condition of run up / take off board and pit. Safety advice given to all athletes before warm up jump. Carefully supervised during warm up and competition.	Acceptable.	Field Referee and Lead Official to make regular checks on condition of take off boards (checked after each jump and pit (always raked)
Field – High Jump. Run up area. Uprights, bar and landing mats. Officials hurt by falling bar or uprights and clash with athlete	Athletes and Officials. Moderate.	Assess condition of run up throughout competition. Safety advice given to all athletes by Lead Official and Referee – suspect jumping style (experience level – fosbury), proximity to uprights and landing position on bed.	Acceptable – improved.	If anyone is deemed to be at risk by suspect technique or positioning with regard to upright and bed warning given and excluded by Lead Official.

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Field Events – Throws (SHOT) Shot Circle / Position of athletes waiting to compete and officials.	Athletes / Officials Substantial	Assess conditions of 'circle – dry/clean and stopboard. Check after each turn. Ensure correct safety procedures in place for all competitors waiting to their turn – metres behind circle. No competitor to collect shot after their turn. Lead Official to advise on position of measuring and retrieving officials – no children in these positions. Shot always carried back to circle.	Improved - low risk.	Lead Official/Referee to advise on safety procedures throughout competition. Exclude if anyone does not adhere to all rules.
Field Events – Throws (DISCUS)				
Discus circle / cage/net . Width of opening of cage.	Athletes / Officials Substantial	Assess conditions of circle – dry / clean. Check after each turn. Ensure correct safety procedures in place for all competitors waiting to their turn – behind cage with no-one standing to side of cage or within 2 metres of cage. No competitor to collect discus after their turn. Lead Official to advise on position of measuring and retrieving officials – no children in these positions. Discus always carried (not rolled) back to cage by an official. Horn blast by lead official to warn everyone that the next throw is about to take place. Lead official to check that no one from another event has walked in to danger areas.	Improved – low risk.	Lead Official/Referee to advise on safety procedures throughout competition. Exclude if anyone does not adhere to all rules. PLEASE NOTE: THE WARNING HORN BLAST IS TO TELL OFFICIALS THAT A THROW IS IMMINENT – THIS IS NOT A SIGNAL TO THE ATHLETE TO THROW. NO THROW MUST BE MADE UNTIL ALL FIELD OFFICIALS HAVE INDICATED TO THE LEAD OFFICIAL (WITH THE HORN) THAT THEY ARE READY FOR THAT THROW TO BE MADE

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Field Events – Throws (Javelin) Run up. Positioning of Officials and athletes waiting to compete. This also applies to the Cricket Ball and Rounders Ball Throw.	Athletes and Officials. Substantial	Assess conditions of circle – dry / clean. Check after each turn. Ensure correct safety procedures in place for all competitors waiting to their turn – well behind throwing line with no-one standing to side of sector or within 2 metres of throwing line. No competitor to collect javelin after their turn. Lead Official to advise on position of measuring and retrieving officials – no children in these positions. Javelin always carried (not thrown) back to javelin stand by an official. Javelins are always placed upright in stand and when collected by the next ‘throwing’ athlete all other athletes and officials are standing well away from stand on ther side of rum up. Horn blast by lead official to warn everyone that the next throw is about to take place. Lead official to check that no one from another event has walked in to danger areas.	Improved - low	Lead Official/Referee to advise on safety procedures throughout competition. Exclude if anyone does not adhere to all rules. PLEASE NOTE: THE WARNING HORN BLAST IS TO TELL OFFICIALS THAT A THROW IS IMMINENT – THIS IS NOT A SIGNAL TO THE ATHLETE TO THROW. NO THROW MUST BE MADE UNTIL ALL FIELD OFFICIALS HAVE INDICATED TO THE LEAD OFFICIAL (WITH THE HORN) THAT THEY ARE READY FOR THAT THROW TO BE MADE
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